ERIE WEST SENIOR CENTER

NOVEMBER 2026 Newsletter

1210 West 8th Street, 16502 (814) 451-5634

Pennsylvania Department of Aging

Alex Celeski (Senior Center Director)
Michele Knauer (Senior Center Assistant) + Seniors/Volunteers like YOU!

GECAC SENIOR HELPLINE: If you are in need of: In-home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, **CALL (814) 459-4581 ext. 400**

NOVEMBER 2026



GECAC's Medicare Minute

2027 Out-of-Pocket Costs

Out-of-Pocket costs can include:

- A monthly premium - what you pay to maintain coverage.
- Deductible - the amount you may pay before your insurance starts to cover certain services.
- Co-payments and Coinsurance - depending on plan benefit structures, you may have a share in the cost of services, tests, and medications.
- Maximum Out-of-Pocket (MOOP) - Medicare Advantage plans have an annual limit on what you could pay out-of-pocket. The Maximum allowed in 2027 is $9,850, although some plans may have options for lower limits.

There are reported and projected changes for your 2027 Medicare Out-of-Pocket costs . While there are several, here are a few to note and watch for:

- The part D maximum annual deductible will be $700 and the Annual out-of-pocket limit for covered drugs will go up to $2,400.
- The part B premium is projected to go up to $209.50, and the deductible is projected to go up to $292. Actual costs should be announced by the Centers for Medicare and Medicaid within the next month or so.

If your income / resources are limited, you may be eligible to receive help:

- Extra Help can help reduce Part D premiums, deductibles, and copayments.
- Medicare Savings Program (Medicare Buy-In) may help pay for Part B premiums.
- Medicaid may provide additional help with health care costs.
- Senior Center staff will provide income and resource limits charts by request, and explain how to apply.

Pennsylvania Medicare Education and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.

Pennsylvania Department of Aging — SHIP Navigating Medicare

This publication is funded by a grant award totaling $1.9 million (100%) from the U.S. Department of Health and Human Services.

PA MEDI Counselors can help you learn about Medicare, Preventative Services, understand and enroll in your plan of choice, appeal Medicare decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs.

For help in understanding your options, contact your local PA MEDI Office for More Information

OUR CENTER OFFERS

(always subject to change):

- **Bingo (every Tues. & Thurs.)**
- **Tai Chi (every Tuesday)**
- **Arthritis Exercise (every Wednesday)**
- **Chair Yoga (Thursdays - see calendar)**
- **Diabetes Prevention Group Meetings**
- **Blood Pressure Screenings**
- **Senior Planet Computer Classes**

- **Kelly's Annual CRAFT SALE Nov. 10th-13th**
- **CLOSED on November 3rd, 26th, & 27th**
- **Christmas Party Tickets on-sale ALL of November! (Sales end on Nov. 25th)**
- **Live Music by David Devine & Friends & BIRTHDAY Dessert on Thurs. Nov. 19th!**
- **Guest Speaker: Heather from AHN**

How do your contributions and fundraised dollars help our Center?

Meal Contributions help to off-set the cost of meals. On average the actual cost of a meal is over $9.00. These help to maintain the building and maintain or replace needed equipment.

Fundraising dollars and donations help to pay for parties, entertainment, snacks, and more. They also help to pay programming opportunities like exercise, craft classes, computer usage, and more. These dollars are vital to maintain our daily operations. While contributions and donations are voluntary; please continue to support our Center by whatever means you can. Our Centers and their services mean so much to so many, and your support goes a long way towards helping us offer programming and services.

The GECAC Erie West Senior Center, operated by the Greater Erie Community Action Committee (GECAC, Area Agency on Aging, is funded in part by the PA Department of Aging.

Dr. Ben Wilson, GECAC CEO
Ray Maholtz, GECAC Erie Co. Area Agency on Aging Division Manager



GECAC Community Action ERIE WEST SENIOR CENTER

NOVEMBER 2026 EVENTS

1210 W 8th St, Erie, PA 16502 | (814) 451-5634

open Tuesday → Friday *from* 9:00am → 3:00pm

UPCOMING EVENTS

Mon	Tues	Wed	Thurs	Fri
CENTER CLOSED **Lunch served from 11:30 am-11:50am *or* until we run out. Suggested Lunch Contribution is $2.00**	**3** **CLOSED FOR ELECTION DAY** VOTE	**4** **ARTHRITIS EXERCISE:10:30am** **CARDS** **LUNCH: 11:30am** **Christmas Party Ticket Sales BEGIN**	**5** **CHAIR YOGA: 9:30am** **LUNCH: 11:30am** **BINGO: 12:15pm**	**6** **DIABETES PREVENTION GROUP: 10:00am** **CARDS** **LUNCH: 11:30am** **POPCORN FRIDAY!**
9 ***CENTER CLOSED*** When able, our volunteer, Dr. John Mingey, makes surprise **Tuesday** visits to offer free **Blood Pressure Screenings!**	**10** **TAI CHI: 9:30am** **LUNCH: 11:30am** **BINGO: 12:15pm** **KELLY'S CRAFT SALE 9am-11am**	**11** **ARTHRITIS EXERCISE: 10:30am** **CARDS** **LUNCH: 11:30am** **KELLY'S CRAFT SALE 9am-11am**	**12** **CHAIR YOGA: 9:30am** **LUNCH: 11:30am** **BINGO: 12:15pm** **KELLY'S CRAFT SALE 9am-11am**	**13** **CARDS** **LUNCH: 11:30am** **KELLY'S CRAFT SALE 9am-11am**
16 ***CENTER CLOSED***	**17** **TAI CHI: 9:30am** **SENIOR PLANET: 10:15am** **LUNCH: 11:30am** **BINGO: 12:15pm**	**18** **ARTHRITIS EXERCISE: 10:30am** **CARDS** **LUNCH: 11:30am**	**19** ***BIRTHDAYS!*** **LIVE MUSIC: 10:00am-11:00am by David Devine & Friends** **ART with NAMI 10:00am** **LUNCH: 11:30am** **+Special Cheesecake** **BINGO: 12:15pm**	**20** **DIABETES PREVENTION GROUP: 10:00am** **CARDS** **LUNCH: 11:30am**
23 ***CENTER CLOSED***	**24** 50/50 DRAW **TAI CHI: 9:30am** **SPEAKER: 10:30am** **The Joy of Aging Game w/ Heather (AHN)** **LUNCH: 11:30am** **BINGO: 12:15pm**	**25** **ARTHRITIS EXERCISE: 10:30am** **CARDS** **LUNCH: 11:30am** **Christmas Party Ticket Sales END**	**26** **CLOSED FOR Thanksgiving**	**27** **CLOSED FOR Day-After Thanksgiving** **Turkey-Noodle Soup?!!!**

Christmas Party Tickets on-sale for ALL of November! ($15-$30 each)

CHRISTMAS PARTY ITSELF is on Wed. December 9th

at the UNION CLUB (formerly known as the "Saga Club")

from 9 am- 2 pm! *Featuring: Basket Auction, Bingo, 50/50, & More!!!*



GECAC Community Action **ERIE WEST SENIOR CENTER**

NOVEMBER 2026 LUNCH MENU

1210 W 8th St, Erie, PA 16502 | (814) 451-5634

***open* Tuesday → Friday *from* 9:00am → 3:00pm**



Mon	Tues *Bingo Sales End at 11:00am (Games start at 12:15pm)	Wed	Thurs *Bingo Sales End at 11:00am (Games start at 12:15pm)	Fri
CENTER CLOSED **Lunch served from 11:30 am-11:50am *or* until we run out. Suggested Lunch Contribution is $2.00**	**3** **CLOSED FOR ELECTION DAY** 	**4** COUNTRY FRIED STEAK BROCCOLI MASHED POTATOES WHEAT BREAD PEAR CUP	**5** CHICKEN & NOODLES CALI VEGGIES DINNER ROLL JELLO CUP	**6** STUFFED PEPPER TOSSED SALAD BROWN RICE RYE BREAD ICE CREAM CUP 
9 ***CENTER CLOSED*** When able, our volunteer, Dr. John Mingey, makes surprise **Tuesday** visits to offer free **Blood Pressure Screenings!**	**10** CHICKEN SALAD WITH PITA BROCCOLI SOUP PINEAPPLE CUP	**11** SWEDISH MEATBALLS PEAS NOODLES ICE CREAM CUP	**12** HAM BROCCOLI DICED POTATOES RYE BREAD PUDDING CUP	**13** MEATBALL SUB & SPINACH SALAD
16 ***CENTER CLOSED***	**17** BEEF STEW SWEET POTATO MASH WAX BEANS CORN BREAD ORANGE CUP	**18** SALISBURY STEAK PEAS DICED POTATOES DINNER ROLL PUDDING CUP	**19** ***BIRTHDAYS!*** "Friendsgiving" ROAST BEEF SWEET POTATO MASH WAX BEANS DINNER ROLL **&** **CARAMEL-APPLE--CHEESECAKE!!!**	**20** BEEF RAVIOLI TOSSED SALAD ITALIAN BREAD APPLESAUCE CUP
23 ***CENTER CLOSED***	**24**  SAUSAGE SUB BAKED BEANS PEPPERS & ONIONS	**25** OX ROAST SANDWICH COLE SLAW CALI VEGGIES JELLO CUP **LAST DAY TO BUY CHRISTMAS TICKETS**	**26** **CLOSED FOR Thanksgiving** 	**27** **CLOSED FOR Day-After Thanksgiving**  **"Turkey-Noodle Soup?!"**

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